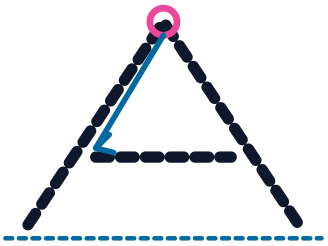
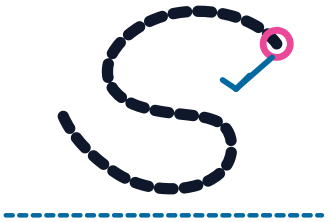
Tracing Letters With Playdough

Letter pack · Ages 3-5

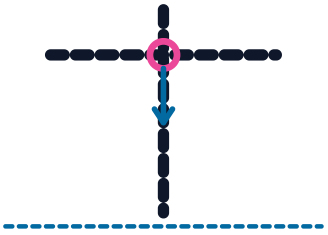
Roll a snake, lay it on the dashed letter, say the sound out loud. One mat per sitting — **roll, trace, say.**



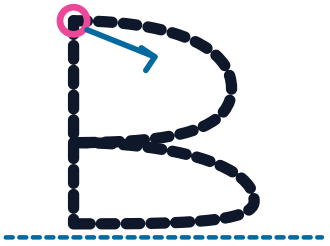
A · ROLL, TRACE, SAY “AH”



S · ROLL, TRACE, SAY “SSS”



T · ROLL, TRACE, SAY “TUH”



B · ROLL, TRACE, SAY “BUH”

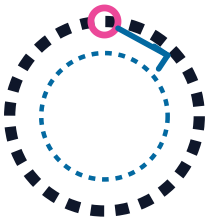
The three moves, every mat

- [ ] Roll a snake
- [ ] Lay it on the dashes
- [ ] Say the sound
- [ ] One mat per sitting

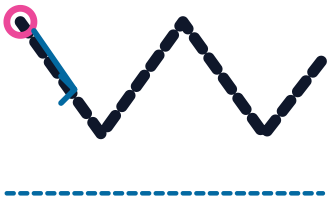
Adult: tape the page corners down so it stops sliding, and stay in the room while the dough and tools are out — an adult, close enough to act. One mat per sitting; the sheet goes on the stack finished or not.

Tracing Letters With Playdough

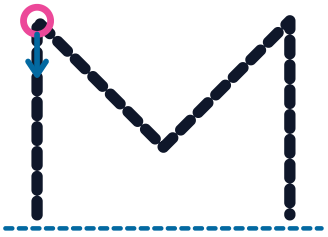
Two shape warm-ups first, then two letters. The warm-ups are the hands' practice run — **circle then zigzag, then M and R.**



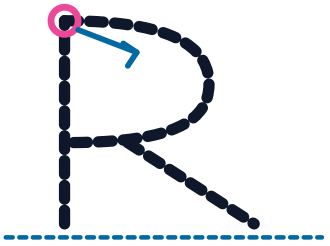
CIRCLE · ROLL, BEND, CLOSE



ZIGZAG · ROLL, FOLD, PRESS



M · ROLL, TRACE, SAY "MUH"



R · ROLL, TRACE, SAY "RUH"

Warm-ups first, letters second

The circle and the zigzag are the hands' practice. Roll the snake for the circle, bend it into a ring, and close the ends. Roll the snake for the zigzag, fold it at each point, and press.

Then the letters: M with its four strokes, R with its leg. The warm-ups come first because the letters ask for more from the hands than a straight roll.

Adult: tape the page corners down and stay in the room while the dough and tools are out — an adult, close enough to act. One mat per sitting; the sheet goes on the stack finished or not.