My Cutting Practice — Sheet 1

Straight lines · Ages 3-4

Three straight strips, thickest at the top, one bold line to cut along. The dashed border is your own cut line, so the page comes apart into strips first. An adult stays at the table, close enough to act.

ROW 1 · THICK 5 MM



ROW 2 · MEDIUM 4 MM



ROW 3 · THIN 3 MM



Before the first cut

- ☐ Blunt-tip scissors
- ☐ Strips cut apart first
- ☐ Paper flat, not lifted
- ☐ Adult seated alongside

Adult: cut the three dashed borders apart before your child starts, and stay at the table for the whole sitting. The hand not holding the scissors keeps the strip flat behind the cutting line.

My Cutting Practice — Sheet 2

Dotted snips · Ages 3-4

A dotted row on each strip: one snip per dash, then slide the paper along for the next one. The dashed border is your own cut line. An adult stays at the table, close enough to act.

ROW 1 · FIVE DASHES



ROW 2 · FIVE DASHES



ROW 3 · FIVE DASHES



Before the first cut

- [ ] Blunt-tip scissors
- [ ] Strips cut apart first
- [ ] Paper flat, not lifted
- [ ] Adult seated alongside

Adult: show one snip on the first dash, then let your child finish the row before you say anything. Hold the far end of the strip steady, and keep the blades pointing away from the body between snips.

My Cutting Practice — Sheet 3

Wide curves · Ages 3-4

Wide curves, no tight corners. Your child turns the paper with the free hand and keeps the scissors pointing forward. An adult stays at the table, close enough to act.

ROW 1 · ONE WIDE CURVE



ROW 2 · ONE WIDE CURVE



ROW 3 · ONE WIDE CURVE



Before the first cut

- ☐ Blunt-tip scissors
- ☐ Strips cut apart first
- ☐ Paper flat, not lifted
- ☐ Adult seated alongside

Adult: set the strip square to the table edge and turn it with the guiding hand, not with the wrist. One slow pass along the curve keeps the blades on the line; a run of short chops does not.

My Cutting Practice — Sheet 4

Zigzag · Ages 3-4

A zigzag with points about two inches apart, so every corner is a clear stop-and-turn. The dashed border is your own cut line. An adult stays at the table, close enough to act.

ROW 1 · FOUR POINTS



ROW 2 · FOUR POINTS



ROW 3 · FOUR POINTS



Before the first cut

- ☐ Blunt-tip scissors
- ☐ Strips cut apart first
- ☐ Paper flat, not lifted
- ☐ Adult seated alongside

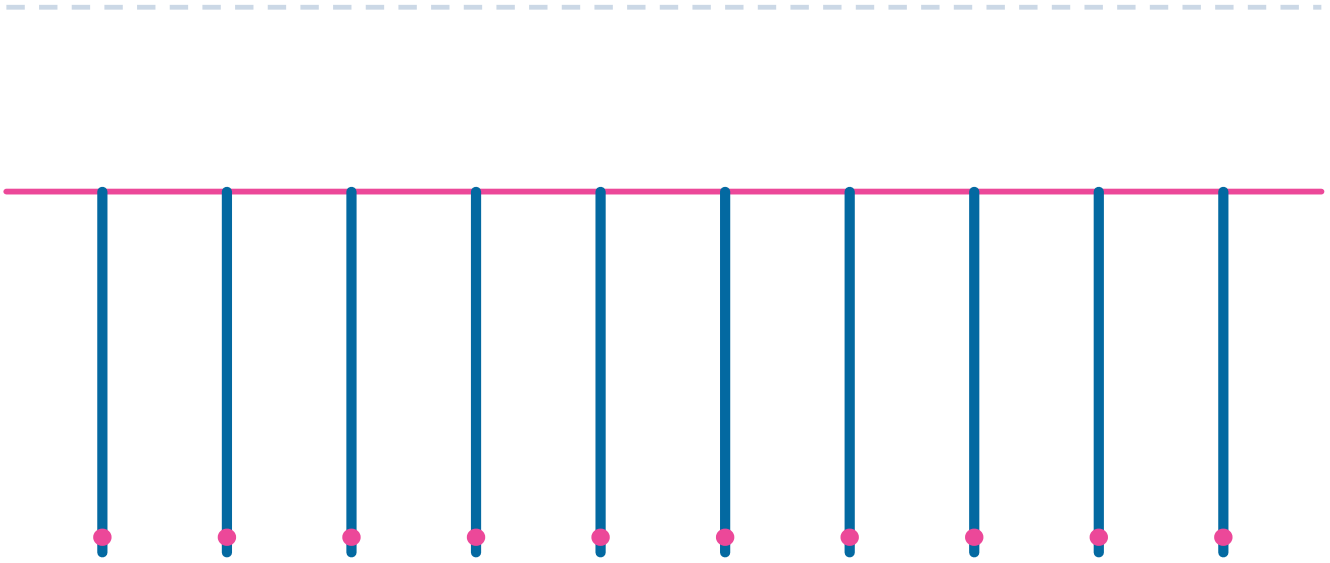
Adult: say the next corner out loud before your child reaches it. At each point, stop the cut, turn the paper, then start again from the corner itself.

My Cutting Practice — Sheet 5

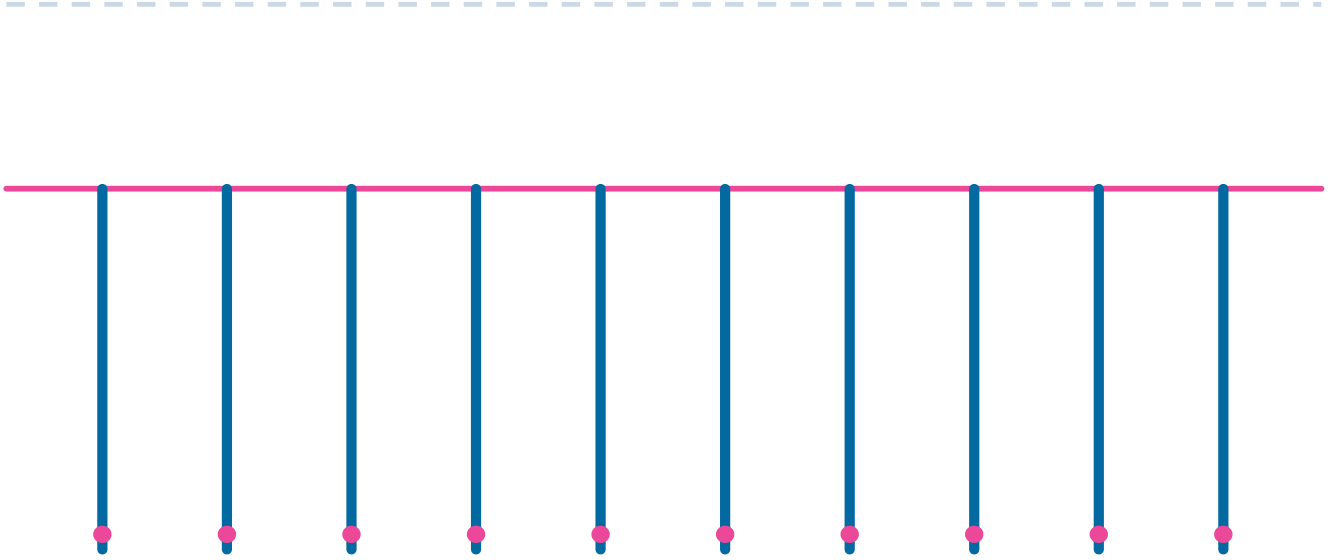
Fringe strip · Ages 4-5

Two fringe strips, ten cuts each: start at the bottom edge and stop at the pink line. The dashed guide near the top shows where the band folds. An adult stays at the table, close enough to act.

CUT UP TO THE LINE · 10 CUTS



CUT UP TO THE LINE · 10 CUTS



Before the first cut

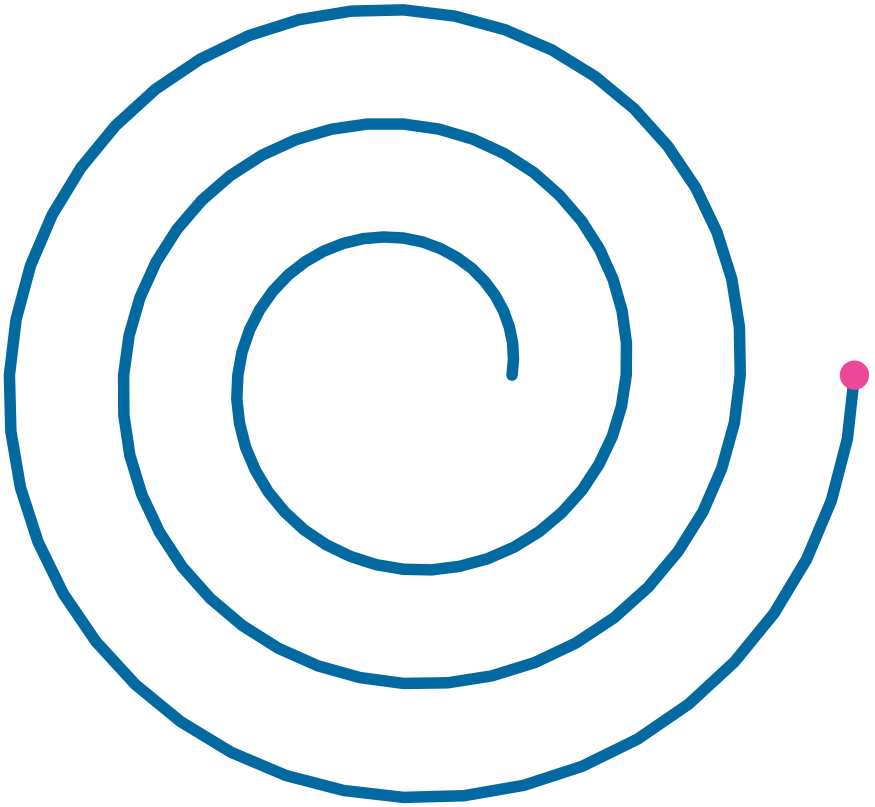
- ☐ Blunt-tip scissors
- ☐ Band folded back first
- ☐ Strip flat, not lifted
- ☐ Adult seated alongside

Adult: fold the top band back along the dashed guide before the first cut, and keep the strip flat while the scissors work. End the sitting when the cuts start landing past the pink line.

My Cutting Practice — Sheet 6

Big spiral · Ages 4-5

One wide spiral, cut from the outside end towards the middle, with the blades on the line the whole way round.
An adult stays at the table, close enough to act.



START AT THE PINK DOT · CUT TOWARDS THE MIDDLE

Before the first cut

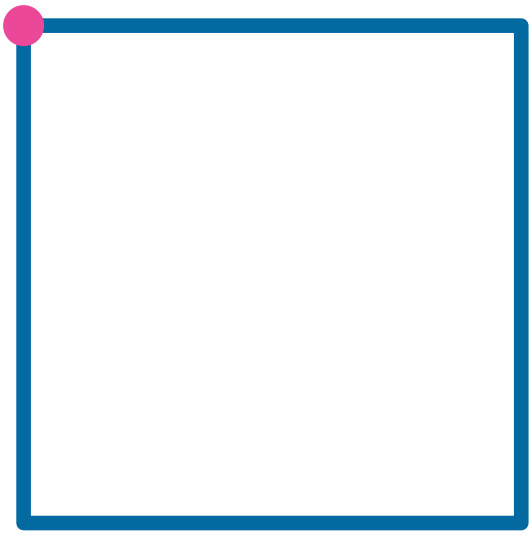
- ☐ Blunt-tip scissors
- ☐ Page flat, not lifted
- ☐ Pink dot first
- ☐ Adult seated alongside

Adult: turn the page a quarter turn every few inches, so the line stays in front of your child. The last loop sits close together — take that turn yourself.

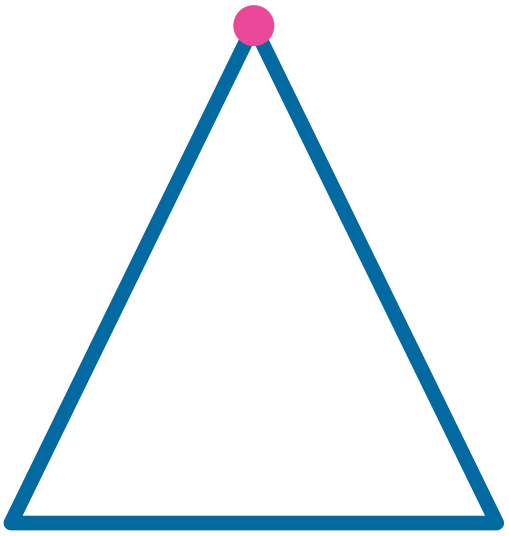
My Cutting Practice — Sheet 7

Simple shapes · Ages 4-5

Two shapes, one side at a time: cut a full side, stop at the corner, then turn the paper. An adult stays at the table, close enough to act.



SQUARE · FOUR SIDES



TRIANGLE · THREE SIDES

Before the first cut

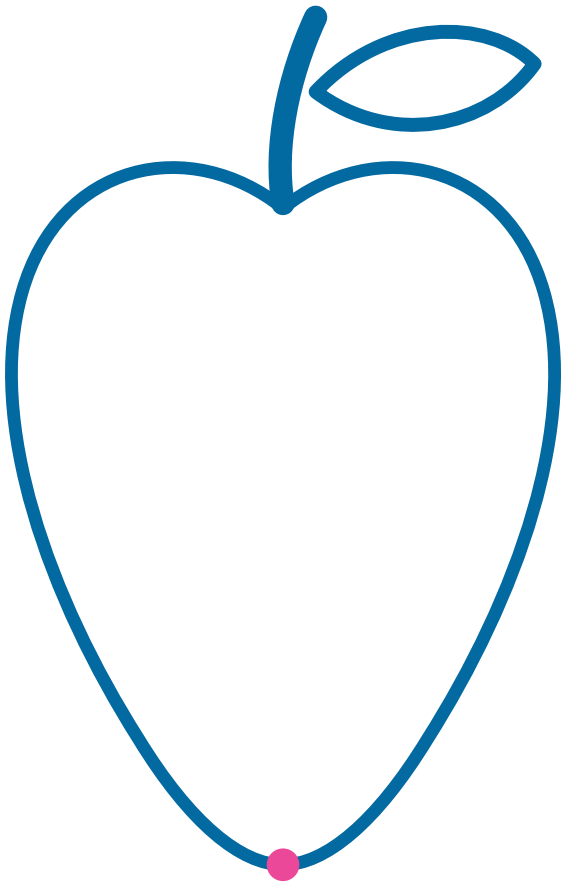
- ☐ Blunt-tip scissors
- ☐ Corner marked first
- ☐ Paper flat, not lifted
- ☐ Adult seated alongside

Adult: put a fingertip on the corner and let your child turn the paper against it. Cut the first side yourself if the shape slips, then hand the scissors back for the rest.

My Cutting Practice — Sheet 8

Picture edge · Ages 4-5

One apple, cut around the picture edge in a single trip, turning the paper at every bend. An adult stays at the table, close enough to act.



START AT THE PINK DOT · ONE WAY ROUND

Before the first cut

- ☐ Blunt-tip scissors
- ☐ Page flat, not lifted
- ☐ Pink dot first
- ☐ Adult seated alongside

Adult: keep the page flat and turn it, not the wrist. The stem and the leaf are the narrow parts — hold those two steady while the scissors pass them.