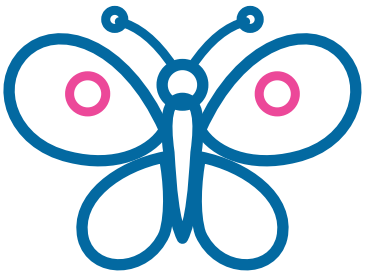
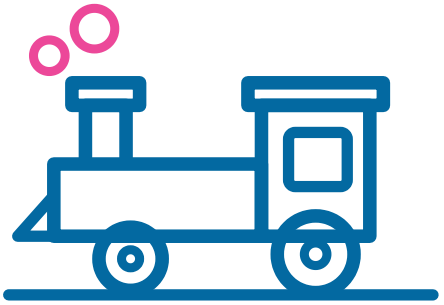
Colouring Pack

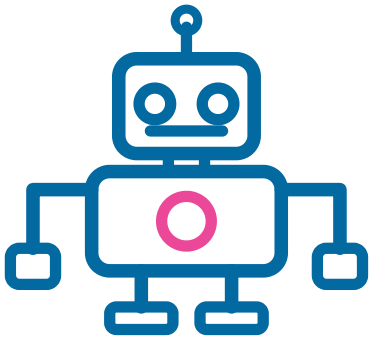
Four bold-outline pictures, one per panel: a butterfly, a train, a robot and a mermaid. Pick two crayons, color the biggest shape first, then the details. **One panel per sitting.**



BUTTERFLY



TRAIN



ROBOT



MERMAID

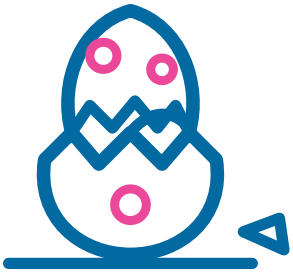
The three moves, every sitting — 10 minutes

- [ ] Color the biggest shape first
- [ ] The small details second
- [ ] The background last

Adult: print on plain or matte paper, portrait, and tape the corners down before the crayons come out. Chunky crayons or a short pencil, and an adult, close enough to act, in the room while the crayon box is out.

Colouring Pack

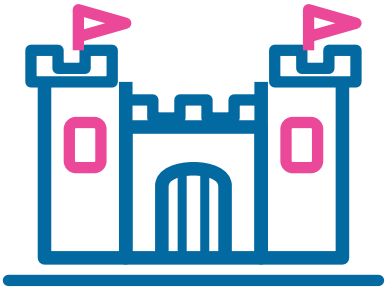
The second four: a dinosaur egg mid-crack, a boat on the water, a castle with two towers and a penguin standing on the ice. These carry a little more to fill. **Two panels can share a crayon.**



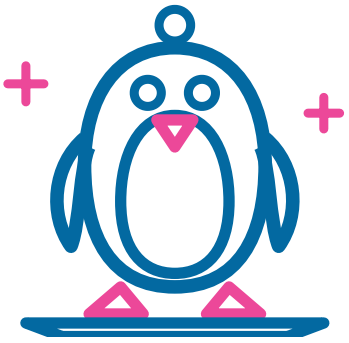
DINOSAUR EGG



BOAT



CASTLE



PENGUIN

On the tablet or on paper

SAME PICTURE, TWO WAYS

Run a printed panel for the everyday sitting and the same picture in a colouring app for a wait — a restaurant table, a waiting room, a car ride. The printed page ends on the fridge; the app picture ends when the tablet goes to sleep.

Ages 3-5 take the butterfly, the train and the penguin first: those are the widest shapes. Ages 6-8 take the castle and the dinosaur egg, where the small sections need a sharper point.

Adult: one panel per sitting, then the crayons go back in the box and the page goes on the stack, finished or not. Keep an adult, close enough to act, in the room while the crayon box is out.