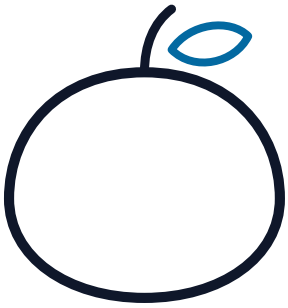
# Food Coloring Pages



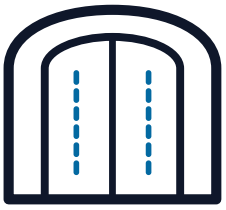
Eight foods, two per band. The routine: pick two crayons, color the biggest food first, details second, background last — **one food per sitting.**



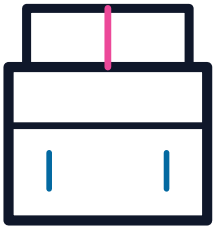
APPLE



BANANA



BREAD



MILK CARTON

**The two-crayon moves, every sitting**

- [ ] Pick two crayons
- [ ] Biggest food first
- [ ] Say the food out loud
- [ ] Background last

**Adult:** tape the page corners down so it stops sliding, and stay in the room while the crayon box is out — an adult, close enough to act. One food per sitting; the page goes on the stack finished or not.

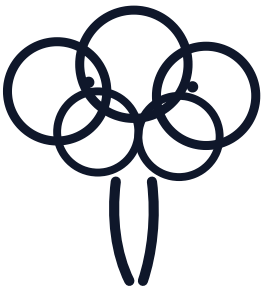
# Food Coloring Pages

Detail foods · Ages 2-6

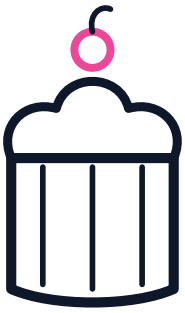
More to fill, same shelf. Ages 4-6 swap the second crayon after the first pass — **fronds, florets, pleats, a swirl.**



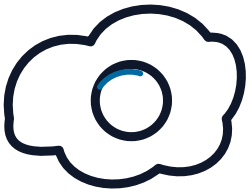
CARROT



BROCCOLI



CUPCAKE



FRIED EGG

## Color it, then find it in the fridge

A finished food page has somewhere to go: the fridge door. Color the carrot at the table, then find the real carrot in the fridge drawer at the next meal.

Ages 2-3 point while you name the food; ages 4-6 pick the crayon that matches the real one and name it themselves.

**Adult:** stay in the room while the crayon box is out — an adult, close enough to act. One food per sitting; the page goes on the stack finished or not.