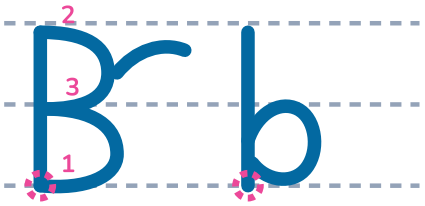
# Cursive Alphabet Tracing Sheet

Full A-Z · Ages 6-9

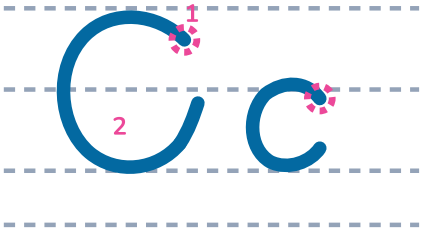
Every letter, capital and lowercase, as a bold outline with a starting dot and numbered strokes. Three ruled lines run under each pair: **start at the pink dot, follow the numbers, trace the letter twice.**



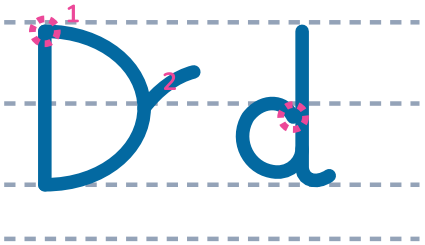

A a




B b




C c




D d

**The three moves, every sitting — 10 minutes**

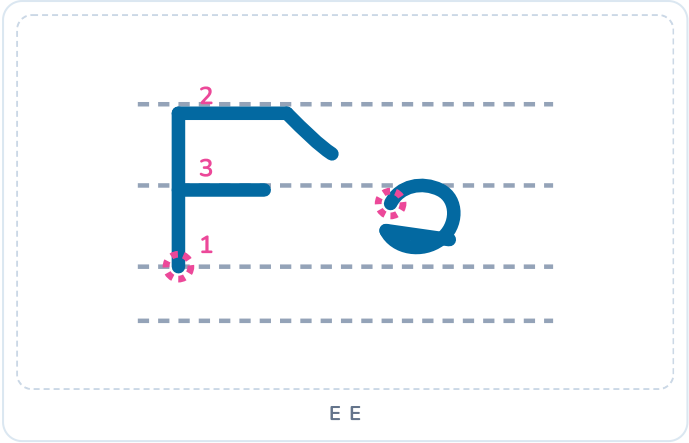
- [ ] Finger-trace the numbered strokes
- [ ] Trace the capital, then the lowercase
- [ ] Write the letter once on the line below

**Adult:** print on plain or matte paper and keep the sheet flat on a table. A sharpened pencil, and an adult, close enough to act, in the room while the pencils are out.

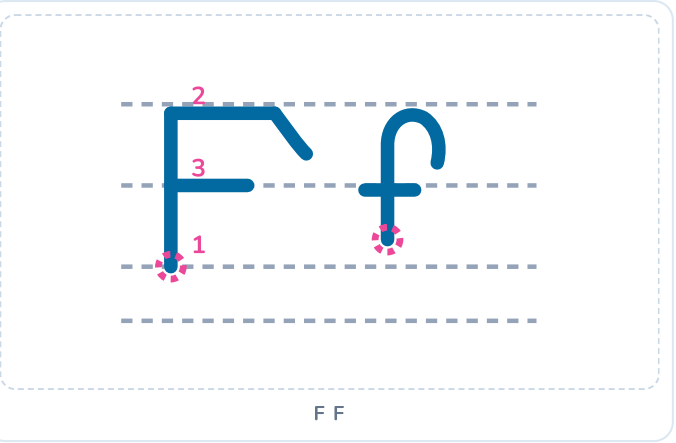
# Cursive Alphabet Tracing Sheet

E–H · Ages 6-9

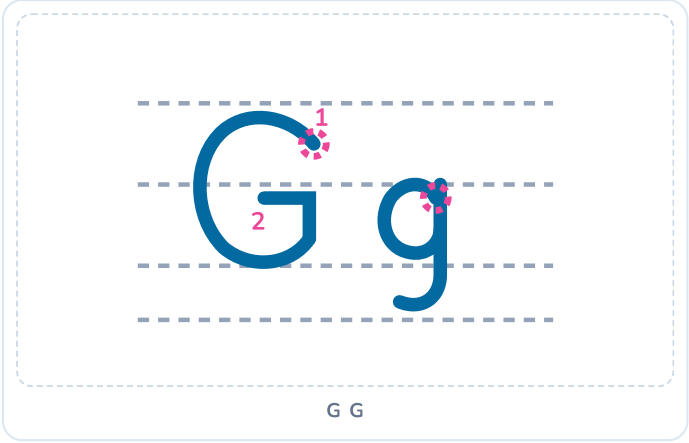
The second row of letters, same moves. Watch the midline on every short letter: **small letters stop at the dotted midline.**



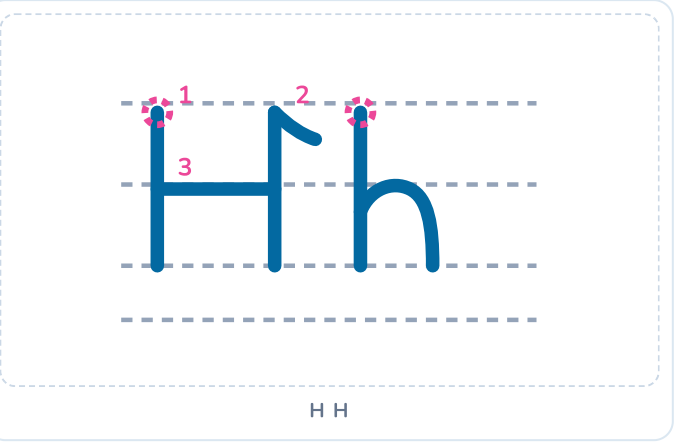

E E




F F




G G



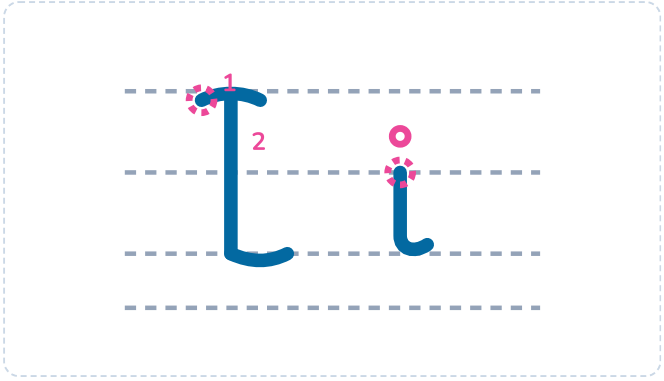

H H

**Adult:** one letter pair a sitting, in order; the sheet goes on the stack finished or not. An adult, close enough to act, stays in the room while the pencils are out.

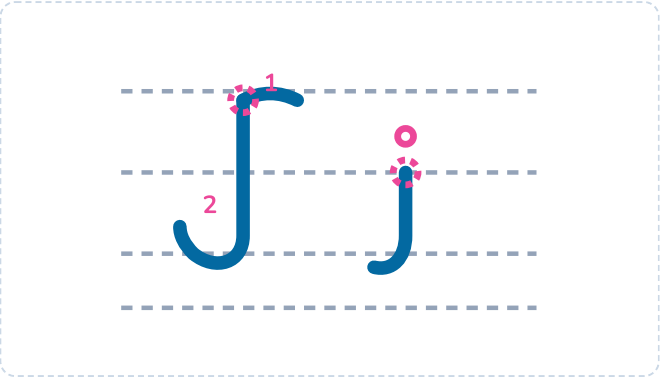
# Cursive Alphabet Tracing Sheet



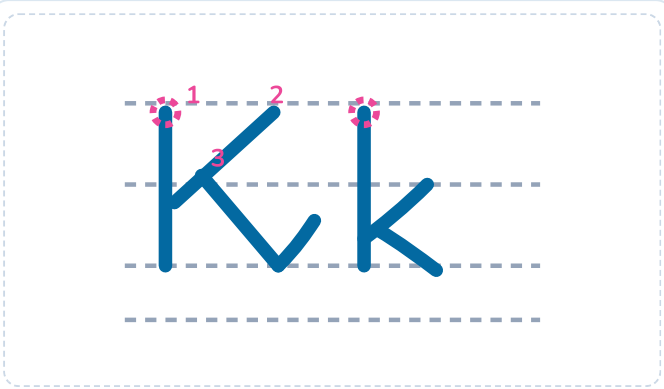
Tall letters climb to the top line and back; the J and the Y drop below the baseline. **Finger first, pencil second, numbers in order.**



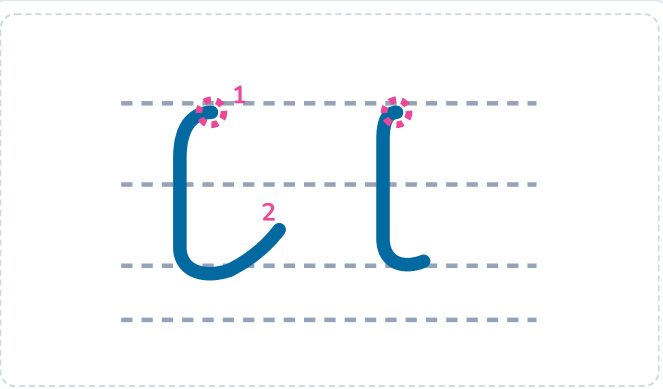

I I




J J




K K



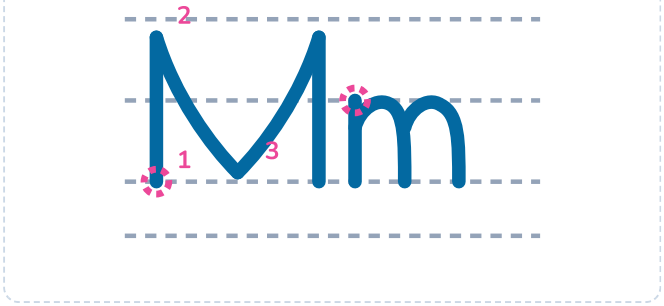

L L

**Adult:** keep the sheet flat on the table, not propped, and tilt the paper slightly right for a right-handed writer, slightly left for a left-handed one.

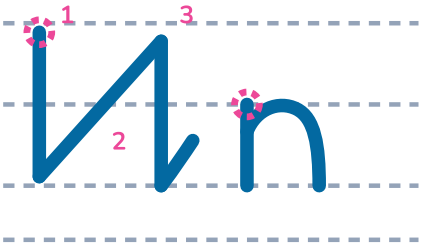
# Cursive Alphabet Tracing Sheet

M-P · Ages 6-9

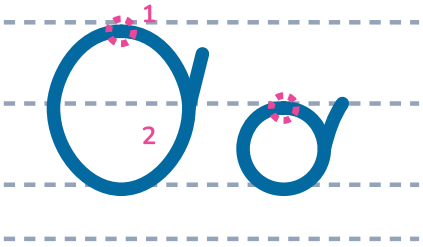
Hump letters today. Count the humps out loud as the pencil moves — **the m has three, the n has two.**



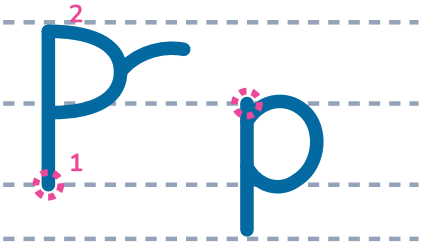

M M




N N




O O



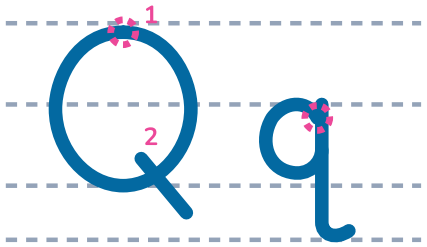

P P

**Adult:** the lowercase p drops below the baseline — that is the descender line, not a mistake. One letter pair a sitting.

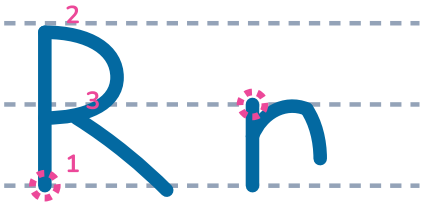
# Cursive Alphabet Tracing Sheet



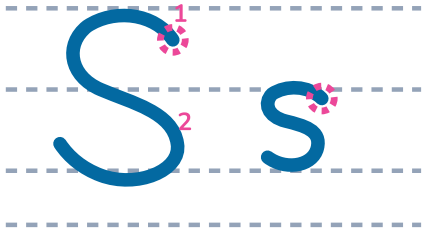
The Q and the S carry a tail; the T crosses once. **Trace the shape, then the tail, then the cross.**



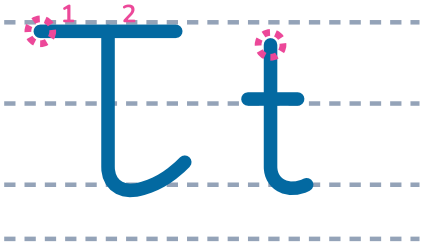

Q Q




R R




S S



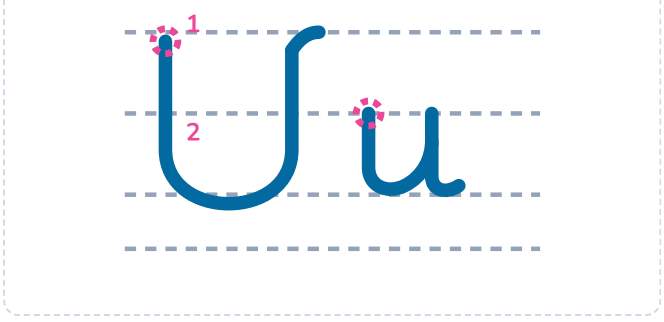

T T

**Adult:** one letter pair a sitting. When a letter looks the same three days running, it goes on the fridge; the rest go on the stack.

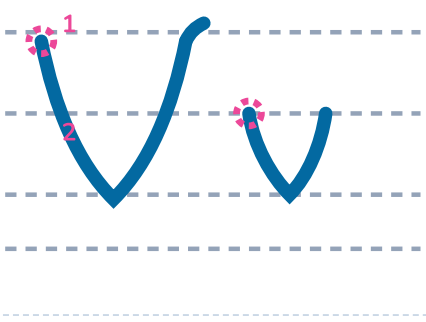
# Cursive Alphabet Tracing Sheet

U–X · Ages 6-9

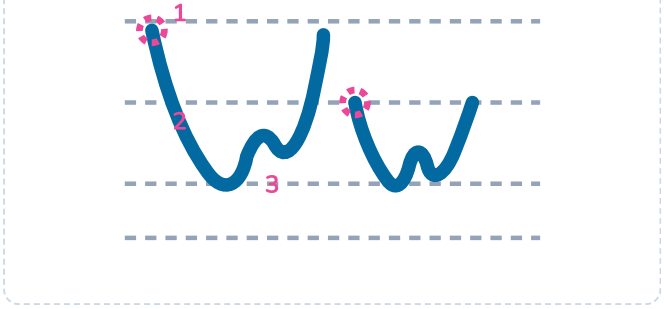
Valley letters. The W is three dips in one stroke — **slow down and let the pencil stay on the line.**



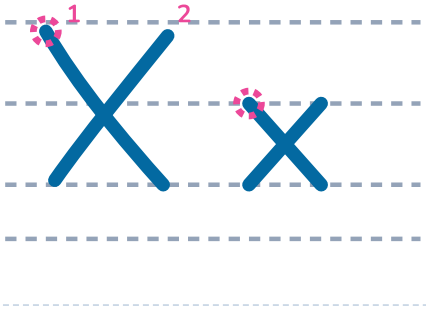

U u




V v




W w



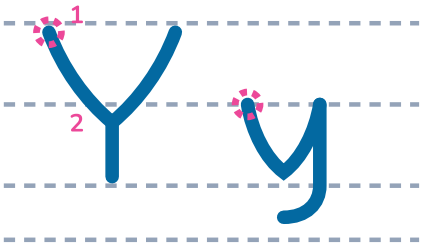

X x

**Adult:** two letters a sitting at most, and an adult, close enough to act, in the room while the pencils are out. The sharpener stays with you.

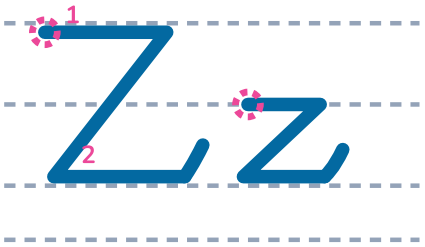
# Cursive Alphabet Tracing Sheet



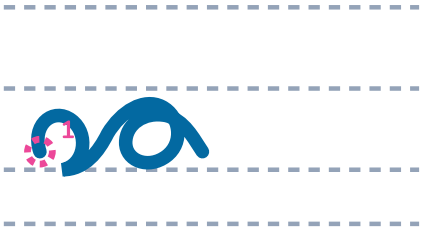
The last two letters, then the connect-the-letters line: **a-o-s, once slowly, once joined in one breath.**




Y y




Z z




A-O-S JOINS

## No printer? Draw the sheet

Rule three lines across a sheet — top, middle, baseline. Draw one letter pair a day in thick marker, with a small dot where each stroke begins and a number beside it.

Ages 6-7 trace capitals first and finger-trace the lowercase; ages 7-9 trace both, then join two letters on the baseline below.

**Adult:** the joined line is the finish, not the start. An adult, close enough to act, at the table while the pencil is out, and the sharpener stays in your hand.