Our Family Chore Board

Ages 2-10 · one board

Four columns, one name per row, one tick box per job. **Write the name on the line** beside the job it belongs to, and tick every box in the same pen — the adult column included. Pick **two** picture jobs, **four** five-step jobs and **six** weekly jobs, and leave the same rows up for two full weeks before any swap.

This week on the wall

EVERYONE, ONE SHEET

Ages 2-3 · picture jobs		Ages 4-6 · five-step jobs		Ages 7+ · weekly jobs		The adult column	
Shoe tray name: _____ · ticked at bedtime	☐	**Make the bed** 1 blanket · 2 pillow · 3 corner · 4 look name: _____	☐	**Vacuum one room** day: _____ · name: _____	☐	**The meal plan** name: _____ · ticked in the open	☐
Towel hook name: _____ · ticked at bedtime	☐	**Set the table** 1 napkins · 2 cups · 3 spoons · 4 check name: _____	☐	**Take out the recycling** day: _____ · name: _____	☐	**The laundry cycle** name: _____ · ticked in the open	☐
Laundry basket name: _____ · ticked at bedtime	☐	**Water the plants** 1 cup · 2 pour · 3 wipe · 4 done name: _____	☐	**Fold the laundry** day: _____ · name: _____	☐	**The bathroom reset** name: _____ · ticked in the open	☐
Book shelf name: _____ · ticked at bedtime	☐	**Feed the pet** 1 scoop · 2 bowl · 3 water · 4 done name: _____	☐	**Sweep the porch** day: _____ · name: _____	☐	**The bill box** name: _____ · ticked in the open	☐
your own picture job	☐	your own five-step job	☐	**Empty the dishwasher** day: _____ · knives to an adult	☐	your own adult row	☐
your own picture job	☐	your own five-step job	☐	**Change the towels** day: _____ · name: _____	☐	your own adult row	☐

Tape the board where the shortest reader can reach it. The picture jobs are drawn as shapes — a shoe is an oval, a towel is a square, a basket is a trapezoid — so a child who cannot read the board can still point at their row.

Adult: the vacuum plug and cord, the watering cup and any knife or glass row want an adult beside them. For anything with a hazard in it — scissors, heat, water, small parts — the same rule applies: an adult, close enough to act.

The Sunday Reset

10 minutes · every week

The card that sits beside the board. Same table, same order, everyone who can hold a marker. **Count first, swap second, tape it back up third.** The whole round is ten minutes — the count is the review, not the missed days.

Five steps, in this order

EVERY SUNDAY

1. **Count the ticks down each column** — 2 min
   Out loud, top to bottom, every column — adults last.
2. **Swap one job per column** — 3 min
   One in, one out. A swap made on Sunday holds all week.
3. **Let the 7+ column pick next week's days** — 1 min
   The week spreads out instead of piling onto Saturday.
4. **Write Monday's date at the top** — 1 min
   The fresh date starts the fresh week.
5. **Tape it back at child height** — 3 min
   Same spot on the wall every week.

Swap-ins · Ages 2-3 picture jobs

- [ ] Wipe the table
- [ ] Toys in the basket
- [ ] Cup to the sink
- [ ] Napkins out

Swap-ins · Ages 4-6 five-step jobs

- [ ] Match the socks
- [ ] Crayons into the box
- [ ] Bring in the mail
- [ ] Wipe the counter

Swap-ins · Ages 7+ weekly jobs

- [ ] Load the washing machine
- [ ] Rake one patch
- [ ] Take the bins to the curb
- [ ] Wash the car

Swap-ins · the adult column

- [ ] The car run
- [ ] The pantry list
- [ ] The paperwork box

Adult: the washing machine, the car wash and the curb are the swap-ins with a hazard in them. For anything with a hazard in it — scissors, heat, water, small parts — the same rule applies: an adult, close enough to act.