My Reward Chart

Five steps · Ages 3-6

Write the goal at the top and the prize under it. One goal, five steps, a sticker the same day the step happens — **the child presses each sticker on with an adult standing there.**

My goal this week

WRITE IT IN

Goal	Prize when the chart fills

The five steps

AGES 3-6

Step	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Step 1 — draw the picture one action, drawn or named	☐	☐	☐	☐	☐	☐	☐
Step 2 one action, not a bundle	☐	☐	☐	☐	☐	☐	☐
Step 3 short enough to finish	☐	☐	☐	☐	☐	☐	☐
Step 4 one action again	☐	☐	☐	☐	☐	☐	☐
Step 5 the last piece of the goal	☐	☐	☐	☐	☐	☐	☐

Say this at the wall, every time

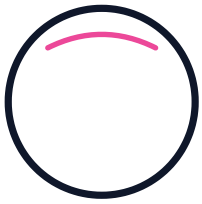
- ☐ Name the step, not the child
- ☐ "Step done, sticker on"
- ☐ The child presses the sticker
- ☐ Sticker lands the same day

Adult: tape the chart at the height of the child who presses the stickers, in the room where the step happens. A chart that stalls goes down to three steps for a week before it changes goal.

My Sticker Sheet

Color and cut · Ages 3-6

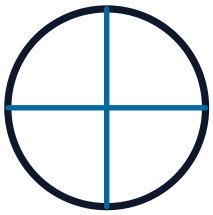
Twenty-four round stickers to color in and cut out. Color first, cut second — **the sheet stays flat until every circle has a color.**



ROUND STICKER



STAR STICKER

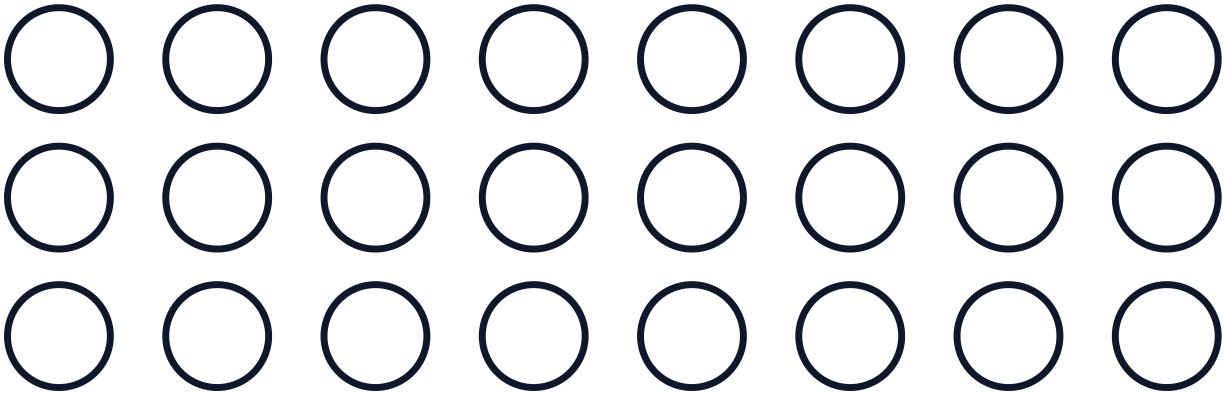


SPOT STICKER

Cut rows

SCISSORS STAY WITH AN ADULT AT 3-4

- [ ] Color every circle
- [ ] Cut along the rows
- [ ] Snip the dots apart
- [ ] Press one on with paste or a glue stick



24 DOTS · ONE DOT PER FINISHED STEP

Adult: dots small enough for a mouth are a choking hazard under 3 — the cut-out dots live in your hand at 3-4, and the pasting happens at the table with an adult, close enough to act. Child-safe scissors only, and the sheet sweeps up after.