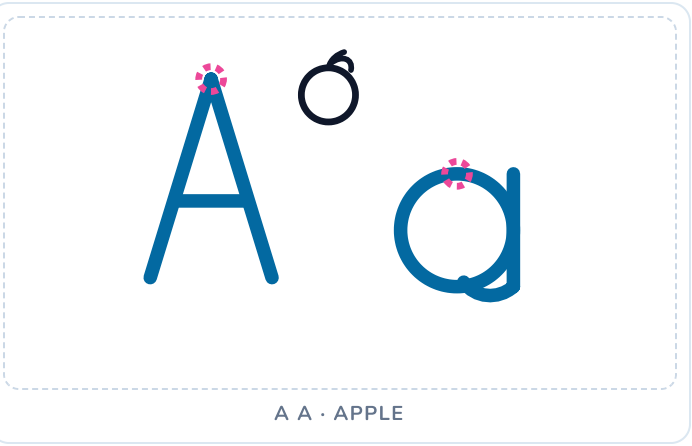
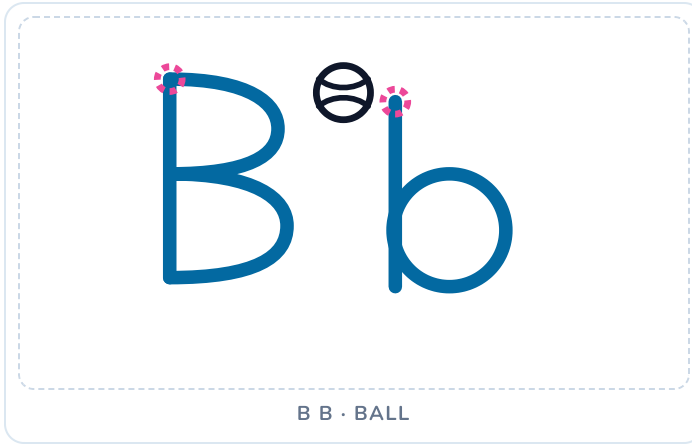
Alphabet Tracing Workbook

Starter 4 · Ages 3-5

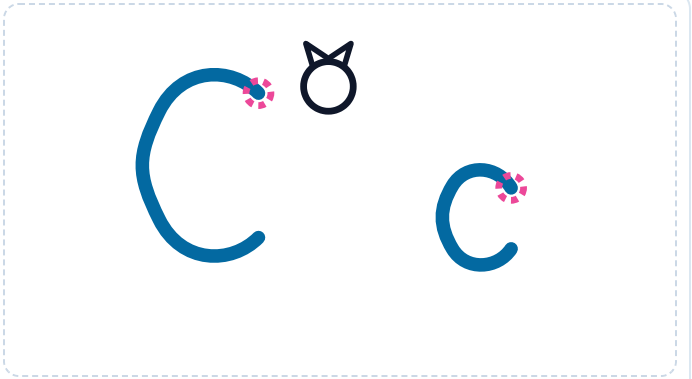
Eight starter letters, two per sheet: the uppercase and lowercase side by side, a dashed start dot on each, and a picture cue for the sound. The routine: **trace, say, spot — one letter a day.**



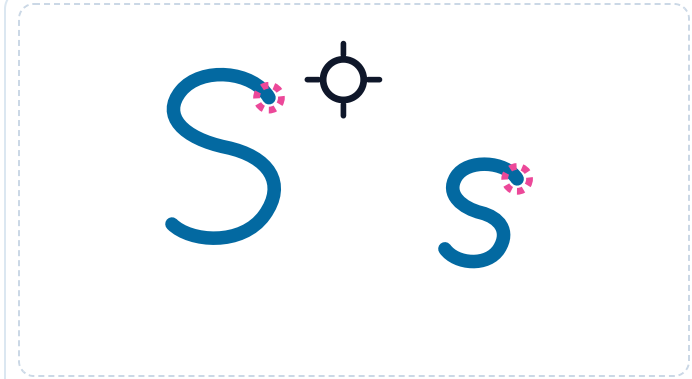
A A · APPLE



B B · BALL



C C · CAT



S S · SUN

The three moves, every day — 10 minutes

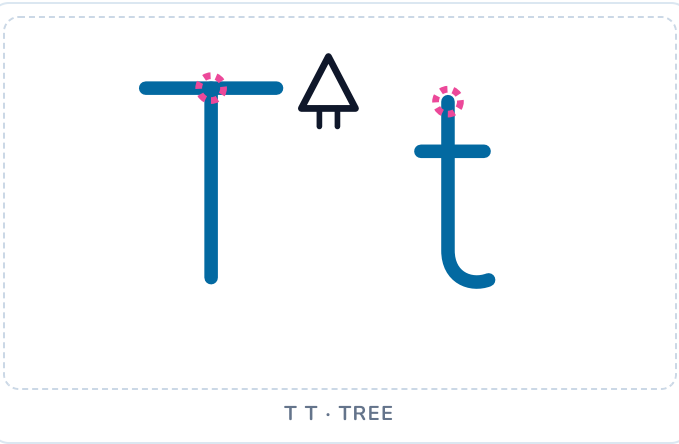
- ☐ Trace the big letter twice
- ☐ Say the sound out loud
- ☐ Name the picture cue

Adult: print on plain or matte paper and keep the sheet on a table, not the floor. Chunky crayons or a short pencil, and an adult, close enough to act, in the room while the crayon box is out.

Alphabet Tracing Workbook

Next 4 · Ages 3-5

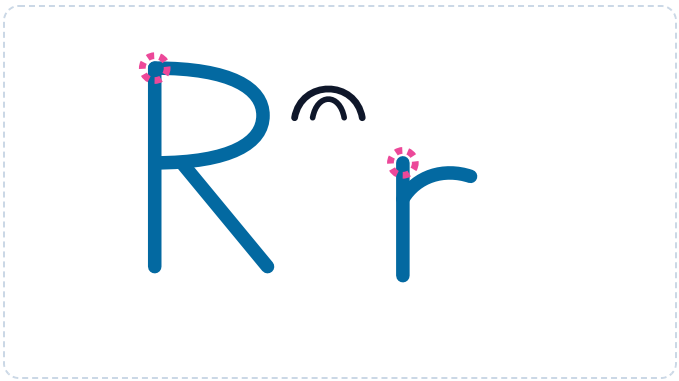
The second four, same moves. Straight-line letters (T, M) run first; curve letters (R, P) get a second pass later in the week — **start every stroke at the pink dot.**



T T · TREE



M M · MOON



R R · RAINBOW



P P · PIG

No printer? Draw the sheet

One big letter pair per half-sheet, drawn with a thick marker, plus a small dot where each stroke begins. Two dashed lines under it for the second and third pass.

Ages 3-4 trace the uppercase only and finger-trace the lowercase; ages 4-5 trace both, then write the letter once on the line below.

Adult: one letter a day, in order; the page goes on the stack finished or not. Stay in the room while the crayon box is out — an adult, close enough to act.