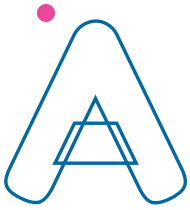
Alphabet Tracing Pack

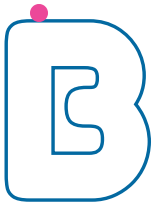
A-I · Ages 3-5

Big hollow letters, one pink start dot per letter, and two dashed lines to trace over. Uppercase only — **the dot marks where the stroke starts.** One letter a day, in order, and the same three moves: trace, say, spot.

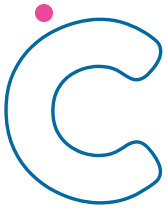
LETTER 01 APPLE



LETTER 02 BALL



LETTER 03 CAT



LETTER 04 DOG



LETTER 05 EGG



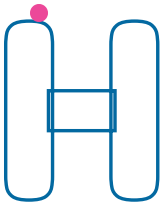
LETTER 06 FISH



LETTER 07 GOAT



LETTER 08 HAT



LETTER 09 IGLOO



The three moves, every day — 10 minutes

- [ ] Trace the big letter twice
- [ ] Say it out loud with its sound
- [ ] Spot one real word in the room

Adult: print on plain or matte paper. Keep the sheet on a table, not the floor — elbows need a surface. Chunky crayons only under 4, and stay with the crayon box for the whole session.

Alphabet Tracing Pack

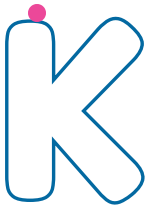
J-R · Ages 3-5

Same three moves, same order, same 10 minutes. Keep the mirror-confusing pairs (b/d, p/q, m/w) weeks apart on the first pass — **chase the letter that gets flipped and run that one first.**

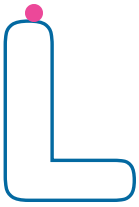
LETTER 10 JAM



LETTER 11 KITE



LETTER 12 LEAF



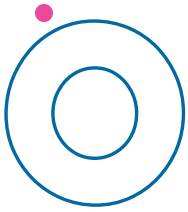
LETTER 13 MOON



LETTER 14 NEST



LETTER 15 OCTOPUS



LETTER 16 PIG



LETTER 17 QUEEN



LETTER 18 RAIN



Review day, every fourth or fifth day

- [ ] Put the traced letters on one sheet, in order
- [ ] Run the same three moves on each

Straight-line letters first, curves later

- [ ] L, T, H, E, F — straight lines before curves
- [ ] S, G, C — the curve letters, last

Adult: keep the sheet and the crayon box in one place, and nothing on it needs a screen to work.

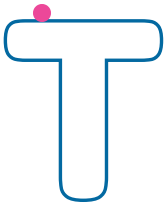
Alphabet Tracing Pack

The last eight letters, then a full A-Z review week. Lowercase joins in only after the whole uppercase set feels easy — **the full set runs about a month at one letter a day.**

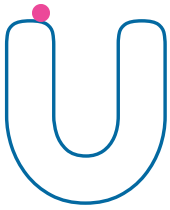
LETTER 19 SUN



LETTER 20 TREE



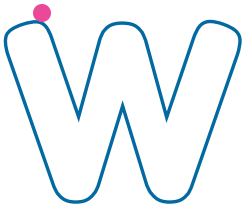
LETTER 21 UP



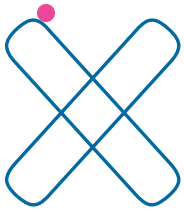
LETTER 22 VAN



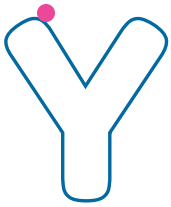
LETTER 23 WAVE



LETTER 24 BOX



LETTER 25 YOYO



LETTER 26 ZEBRA



No printer? Draw the sheet

One big hollow letter per half-sheet, drawn with a marker, plus a small dot where the stroke begins. Two dashed lines under it for the second and third pass.

Adult: a practice guide, not an assessment. Milestone checklists describe what about 75% or more of children can do at a given age — a guide, not a deadline for your child. Persistent concerns about vision, grip, or letter recognition belong with your pediatrician or teacher.

Alphabet Tracing Pack

A-Z review · Ages 3-5

The whole set on one page. Cover one row a day with a finger and name each letter — **the grid is the review, not the writing.**

A APPLE	B BALL	C CAT	D DOG	E EGG
F FISH	G GOAT	H HAT	I IGLOO	J JAM
K KITE	L LEAF	M MOON	N NEST	O OCTOPUS
P PIG	Q QUEEN	R RAIN	S SUN	T TREE
U UP	V VAN	W WAVE	X BOX	Y YOYO
Z ZEBRA				

The review week

One row a day, top to bottom, six days for the whole set. Point at each letter, say its sound, and trace the outline with a finger. Letters that get flipped come back for a second pass.

Keep letters big while the strokes settle

- [ ] Trace twice, say once, spot one word
- [ ] Review every fourth or fifth day
- [ ] Stop early on a good run

Adult: print this sheet on plain or matte paper and keep it in the same folder as the practice sheets. A hand-drawn grid works the same way when the printer is busy.